

## **ARCI-010-025 Workouts**

### **A. Requirements**

A horse shall not start unless it has participated in an official race or has an approved timed workout satisfactory to the stewards. The workout must have occurred at a pari-mutuel or Commission recognized facility within the previous 30 days. A horse which has not started for a period of 60 days or more shall be ineligible to race until it has completed a timed workout approved by the stewards prior to the day of the race in which the horse is entered. The association may impose more stringent workout requirements.

### **B. Identification**

- (1) Unless otherwise prescribed by the stewards or the Commission, the official lip tattoo must have been affixed to a horse's upper lip; or a unique, microchip (ISO 11784) implanting or freeze brand applied; or other identification method approved by the appropriate breed registry and the Commission applied prior to its participation in workouts from the gate, schooling races or workouts required for removal from the Stewards' List, the Starter's List, the Veterinarian's List or the Bleeder List.
- (2) The trainer or exercise rider shall bring each horse scheduled for an official workout to be identified by the clocker or clocker's assistant immediately prior to the workout.
- (3) A horse shall be properly identified by its lip tattoo, unique microchip (ISO 11784), freeze brand or other identification method approved by the appropriate breed registry and the Commission immediately prior to participating in an official timed workout.
- (4) The trainer or trainer's designee shall be required to identify the distance the horse is to be worked and the point on the track where the workout will start.

### **C. Information Dissemination**

Information regarding a horse's approved timed workout(s) shall be furnished to the public prior to the start of the race for which the horse has been entered.

### **D. Restrictions**

A horse shall not be taken onto the track for training or a workout except during hours designated by the association.

Adopted in Version 1.4 ARCI 8/27/02 NAPRA 10/2/02